Resource Guide

On behalf of the

Parent & Sibling Research team,

we would like to extend our heart

felt sympathy to you and your

family as you experience this

difficult time. Our thoughts are

with you. Thank you for taking

the time to share your thoughts

regarding your experience

with us.

We wish you all the best.



Children Ages 6-12

Resource Guide

<u>Parents, Siblings, Grandparents & Friends</u>
This guide includes some well-known places on grief, loss and bereavement.

Information Parents

Compassionate Friends-Miami & Ft. Lauderdale

(305-) 460-5762 - Miami & (954)-749-3154 - FLL Assists families toward the positive resolution of grief following the death of a child of any age & provides information to help others to be supportive. Grief support to encourage connecting and sharing among parents, grandparents and siblings over 18 years old.

Also online at: www.compassionatefriends.org.

Forget ME NOT Program - Broward

(954) 765-0550; Ext 328 or 303 Free individual support for parents who have lost babies due to stillbirth, miscarriage, or newborn death. 1100 West State Road 84 - Fort Lauderdale, Fl

Switchboard of Miami

305-358-4357

Private, nonprofit organization that provides the Miami-Dade County community with comprehensive telephone crisis counseling, suicide prevention, information and referral services 24 hours a day, 7 days a week, 365 days a year.

Bereavement Film for Fathers (A Dad's Journey Through Grief) Call (720) -777-6978 to order

Broward First Call for Help 211 or (954) 537-0211 Crisis/suicide intervention, empathetic listening and referral helpline for callers of all ages.

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Sudden Infant Death Syndrome (SIDS) Center

(866) 866-7437

<u>www.sidscenter.org</u>: provides information and resources on grief and loss for families and friends who are affected by unexpected infant death, stillbirth and miscarriage. Information available in both English and Spanish.

Míamí Counseling & Resource Center

(305) 448-8325 The Miami Counseling & Resource Center is a multidisciplinary mental health treatment center that offers bilingual psychotherapy & counseling to individuals & families. Fees are negotiable.

Healing Your Heart

(954) 765-0550; Ext 328 or 303 Group support at Memorial Hospital Pembroke for parents experiencing fetal or infant loss. 7800 Sheridan Street - Pembroke Pines, Fl

Alive Alone:

<u>www.alivealone.org</u> provides information for bereaved parents who have lost a child or children.

Broken Hearts, Living Hope:

<u>www.brokenheartslivinghope.homestead.com</u>: is a free postal newsletter for bereaved families who have lost children pre-birth through adulthood, to any cause.

A Place to Remember:

(800)-631-0973

<u>www.aplacetoremember.com</u>. Uplifting material and resources for someone who has experienced a crisis in pregnancy or the death of a baby.

Children's Bereavement Center

(305) 668-4902 - Miami

A comprehensive, multicultural, community-based, bereavement support, education, and resource center. Provides free peer support groups for children and adults to share their loss experience, whether recent or in years past.

Information - Siblings

Tomorrow's Rainbow, Inc.

(954) 978-2390- Broward

Free peer grief support for children ages 3-18 that includes the interaction with horses (Equestrian-supported therapy); therapist on hand to oversee program.

Forget-Me-Not Center (Hospice Care of Southeast Florida)

(954) 467-7423 - Broward

Center that to provide bereavement support to our patients' families and to the community; Caters to families, adults, teens, and children.

Online:

<u>Kidsaid.com</u>: online grief support that provides a safe environment for children 18 years and younger to find information, ask questions, and join support groups.

The Sibling Connection

counselingstlouis.net

A not-for-profit organization based in Missouri that provides resources for grieving siblings.

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Compassionate Friends Grief Support for Siblings

http://www.compassionatefriends.org/Resources/Grief_Support_For_Siblings.aspx

A site that includes information for bereaved siblings. This includes a online live chat a National Magazine featuring stories for siblings, etc.

Healing Hearts for Siblings

http://www.healingheart.net/siblings.html

A site designed to provide information and resources for brothers and sisters who are grieving the death of their sibling(s).

The Dougy Center

http://www.grievingchild.org/

An online site that provides support in a safe place where children, teens, and their families who are grieving a death can share their experiences as they move through their healing processes.

Camp Coral & Camp Erin (hospicecareflorida.org) (954)467-7423 - Broward (305) 599-7755 - Dade/Monroe Annual 3-day free camp experience facilitated by professional and trained volunteers of HospiceCare of Southeast Fl, Inc., for children ages 6-17 years who have experienced the death of a loved one

Bereavement Film for Siblings (Tender Healing: A Sibling's Journey Through Grief)

Call (720) -777-6978 to order

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Information - Grandparents

Grandparent grief Help: <u>Healingheart.net</u>
Provides online support and resources for grandparents.

AGAST at:

http://missfoundation.org/family/grandparents.html.

A volunteer organization within the M.I.S.S. Foundation that is dedicated to helping grandparents through the trauma, stress, and grief after the loss of a grandchild.

The Cope Foundation: <u>Copefoundation.org</u>.

A grief and healing organization that is dedicated to helping families living with the loss of child.

Alliance for Aging

(305) 670-4357 (Elder Helpline)

Helps elderly lead meaningful and dignified lives in their living environment and communities by providing leadership, and support for a comprehensive continuum of aging and long term care services.

American Association of Retired Persons (AARP)

(888) 687-2277

www.aarp.org. The Grandparent Information Center is one of several resources and services provided by the AARP. Information in English and Spanish.

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Other information

National Share Office: <u>www.nationalshareoffice.com.</u> Offers support materials after the death of an infant and information regarding finding local support groups.

Eligibility for Medicaid Services

Department of Children and Families: (866) 762-2237

Provides information about for low income children and family programs (mental health services, food stamps, temporary cash assistance, Medicaid, applying for Pregnancy Medicaid. Other program includes job recruitment, child care assistance, income tax info, etc.

National Suicide Hotline

(800) 273-8255

24-hour, toll-free suicide prevention service available to anyone in suicidal crisis. Call is free and confidential

Jackson Memorial Hospital Mental Health Assessment Center & Helpline

(305) 324-4357

Jackson Memorial Hospital Mental Health ER (305) 355-7777

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Books

Children Ages 6-12

"The Empty Place" by Roberta Temes (For ages 4-8)

"Lost and Found: Remembering a Sister" (For ages 5-9)

"This Book is for All Kids, but Especially my Sister Libby. Libby Died" by Jack Simon (For ages 9-12)

"A Birthday Present for Daniel" by Juliet Rothman (For ages 7-12)

My Grieving Journey Book by Donna & Eve Shavatt

Children Ages 13+

"Coping with the Death of a Brother or Sister" by Ruth Ruiz

"Fire in My Heart Ice in My Veins" by Enid Trasiman (Best Selling Journal)

"Recovering from the loss of sibling: When a Brother or Sister Dies" by Katherine Donnelly

Parents

"Chicken Soup for the Grieving Soul" by Jack Cranfield & Mark Hansen

"Recovering from the Loss of a Child" by Katherine Donnelly "A Broken Heart Still Beats: After your Child Dies" by Anne McCracken & Mary Semel

"A Grief Unveiled: One Father's Journey Through the Loss of a Child" by Gregory Floyd

"When There Are No Words" by Charlie Walton Talking about Death: A Dialogue Between a Parent and Child" by Earl Grollman (to help other children)

